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**Honors** 



Affiliation Investigator, Psychiatric/Mental Health Nurse Practitioner – Board Certified

Clinical Neuroscience Solutions, Inc.

6401 Poplar Avenue, Suite 420, Memphis, TN 38119 USA

2020 - Present

**Education** May 2019 Doctor of Nursing Practice

University of Arkansas for Medical Sciences, Little Rock, AR

May 2016 Master of Nursing Science

University of Arkansas for Medical Sciences, Little Rock, AR Specialty: Psychiatric –Mental Health Nurse Practitioner (PMHNP)

Dec 2011 Bachelor of Science in Nursing

University of Arkansas for Medical Sciences, Little Rock, AR

Professional 2019 Graduate Student Representative- Speaker

Selected by faculty to give speech on behalf of College of Nursing graduate students at the annual pinning and hooding recognition

ceremony.

2019 Arkansas Nursing Research Day- Award Recipient

"Excellence in Pediatric Nursing Research" recognition for Poster Presentation, "Implementation of Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal (PANDAS) Screening Tool,"

Arkansas Nursing Research Conference

2018 40 Nurse Leaders Under 40 - Award Recipient

Arkansas Center for Nursing

License/ Psychiatric-Mental Health Nurse Practitioner

Accreditation AR License Number: A004891 2016-Current

TN License Number: 29150 2021-Current

**American Nurses Credentialing Center (ANCC)** 

National Board Certification

License Number: 2016014388 2016-Current

**Prescriptive Authority** 

Certification 2016-Current

DEA

License Number: MA4126339 2016-Current

Arkansas

Registered Nurse, License Number: R090548 2012-Current

**Tennessee** 

Registered Nurse, License Number: RN251464 2020-Current

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**BLS** 

Certification, 2009-Current

Professional Experience

Investigator

2020 – Present Clinical Neuroscience Solutions, Inc.

PMHNP, ARMY Reserve

03/2019 - current 368th Medical Detachment- Combat Operational and Stress

Control Unit

PMHNP, Adult Inpatient Unit, off-site provider, overnight call, State Facility

08/2018 - 05/2020 University of Arkansas for Medical Sciences, Pulaski County

Regional Crisis Stabilization Unit, Little Rock, AR

PMHNP, Family Outpatient Clinic, Private Practice

06/2018 - 08/2019 Chenal Family Therapy, Little Rock, AR

PMHNP, Child and Adolescent Outpatient Clinic, State Facility

07/2017 - 03/2020 University of Arkansas for Medical Sciences STRIVE Clinic, North

Little Rock, AR

PMHNP, Adolescent Residential Mental Health Facility, Not-for-Profit

Organization

11/16 – 07/2017 The Centers for Youth & Families, Little Rock, AR

PMHNP, Adult and Geriatric Mental Health Clinic, Department of Corrections

8/16 – 11/16 Garland County Detention Center, Hot Springs, AR

RN II, Psychiatric Research Institute

12/2014 – 7/2017 University of Arkansas for Medical Sciences, Little Rock, AR

RN II, Behavioral Health

8/2014-12/2014 CHI St. Vincent Infirmary, Little Rock, AR

**RN I- RN II, Pediatrics** 

2/2012- 8/2014 Arkansas Children's Hospital, Infant Toddler Unit, Little Rock, AR

**Patient Care Technician, Pediatrics** 

6/2010 –2/2012 Arkansas Children's Hospital, Emergency Department, Little

Rock, AR

Clinical Trial / Population Experience

Sub-Investigator on over 110 clinical trials in phase I – IV clinical research in children, adolescents and adults. Diagnoses include ADHD, Alzheimer's disease, atopic dermatitis, anxiety, autism, bipolar disorders, binge eating, cardiovascular disease, chronic pain, C-diff vaccine, constipation, COVID-19 Treatment, COVID-19 Vaccine, Crohn's disease, depressive disorders, diabetes, painful diabetic neuropathy, endometriosis, fibromyalgia, flu treatment, hot flashes, hypertriglyceridemia, hypertension, hypogonadism, irritable bowel syndrome, migraines, obesity, opioid induced constipation, osteoarthritis, osteoporosis, pain, panic disorder, post-traumatic stress disorder, RSV Vaccine, schizoaffective disorder, schizophrenia, polycystic

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ovarian syndrome, thyroid, pituitary diseases and internal medicine

Industry contacts include: Abbvie, Acadia, Allergan, Alto Neurosciences, Apnimed, Arena, Astellas, AstraZeneca, Axsome, Bayer, Biogen, Biohaven, BlackThorn, Biontech, Cingulate, Corium, Eisai, Emalex, Engrail Therapeutics, Evelo Biosciences, Honeybrains, Lexicon, Lumos Labs, Lundbeck, Medimmume, Mineralys, Myovant, Neumora, Noema PharmaNovo Nordisk, ObsEva, Otsuka, Pfizer, Regeneron, Relmada, Sage Therapeutics, Satsuma, Shire, Sirtsei, Supernus, Suzhou Connect Biopharm, Teva, Tonix, Vibrant Pharma

Ratings Experience: Abnormal Involuntary Movement Scale (AIMS), Aberrant Behavior checklist – Irritability (ABC-I), Autism Diagnostic Interview, Revised (ADI-R), Behaviorally Anchored Rating Scale (BARS), Behavioral Regulation Index (BRI), Body Surface Area (BSA), Brief Psychiatric Rating Scale (BPRS), Children's Depression Rating Scale Revised (CDR-S), Clinician-Administered PTSD Scale (CAPS), Clinical Global Impression of Improvement (CGI-I), Clinical Global Impression Bipolar Scale (CGI-BS), Clinical Global Impression of Severity(CGI-S), Clinical Institute Narcotic Assessment (CINA), Clinical Opiate Withdrawal Scale (COWS), Columbia Suicide Rating Scale (C-SSRS), Connor-Davidson Resilience Scale (CD-RISC), Eczema Area and Severity Index (EASI), Extrapyramidal Symptom Rating Scale (ESRS), Global Assessment Scale (GAS), Hamilton Anxiety (HAM-A), Hamilton Depression (HAM-D), Inventory of Depressive Symptomatology – Clinician Rated (IDS-C), Investigator's Global Assessment (IGA), Kiddie -SADs (K-SADs), Mania Rating Scale (MRS), Massachusetts General Hospital Antidepressant Treatment Response Questionnaire (MGH-ATQR), Mini International Neuropsychiatric Interview (MINI), Mini International Neuropsychiatric Interview for Kids (MINI-Kid), Mini-Mental State Examination (MMSE), Montgomery-Asburg Depression Rating Scale (MADRS), Oral Cavity Exam, Pediatric Anxiety Rating Scale (PARS), Physician Withdrawal Checklist (PWC-20), Positive and Negative Syndrome Scale (PANSS), Quality of Life Enjoyment and Satisfaction Questionnaire - Short Form. (Q-LES-Q-SF), SCORing Atopic Dermatitis (SCORAD), Simpson-Angus Scale (SAS), Snaith-Hamilton Pleasure Scale (SHAPS), Structured Clinical Interview for DSM-IV (SCID), Structured Interview Guide Hamilton Anxiety Scale (SIGH-A). Structured Interview Guide Hamilton Depression Rating Scale (SIGH-D), Structured Clinical Interview for DSM-IV Axis II Personality Disorder for Attention Deficit/Hyperactivity Disorder Rating Scale (SCID-II ADHD-RS), Sheehan Suicide Tracking Scale (S-STS), Sheehan Disability Scale (SDS), Time to Relapse Questionnaire-OCD (TRQ), Yale-Brown Obsessive Compulsive Scale Modified for Binge Eating (Y-BOCS-BE), Three-Factor Eating Questionnaire, and Yale-Brown Obsessive Compulsive Scale (Y-BOCS), Young Mania Rating Scale (YMRS)

### **DNP Quality Improvement Project**

University of Arkansas for Medical Sciences, Little Rock, AR Advisor: Albrey Berber DNP, PNP-PC, 2018-2019

 Implementation of Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal (PANDAS) Screening Tool at UAMS outpatient STRIVE clinic

Professional Training

#### **Applied Suicide Intervention Skills Training**

368th Combat Operational Stress Control Unit, Living Works, 2020 Suicide recognition, intervention, and prevention

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## Professional Organizations

Classification of Early Childhood Disorders: DC: 0-5 University of Arkansas for Medical Sciences, ARBEST, 2017 Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood

Nonviolent Crisis Intervention (CPI)
University of Arkansas for Medical Sciences, 2014-current
Prevention strategies, de-escalation skills, and personal safety techniques
for workplace violence in health care

American Psychiatric Nurses Association, 2019-Present; Member

American Society of Clinical Psychopharmacology, 2018-Present; Member

University of Arkansas for Medical Sciences, College of Nursing, 2009-Present; Alumni Association Member

#### **Professional Service**

College of Nursing Student Mentor UAMS College of Nursing Student Mentor Program, 2018-2020

Student Representative UAMS College of Nursing Recruitment and Retention Committee, 2018-2019

Community Service Soldiers' Angels Volunteer, 2020

Women and Children First Volunteer, 2017

P.A.T.H. (Partners Against Trafficking Humans) Volunteer, 2015-2016

The Stand-Down for homeless veterans Volunteer, 2015-2016

## Teaching Experience

8/2017 - 12/2019 APRN Student Preceptor

University of Arkansas for Medical Sciences

STRIVE clinic, North Little Rock, AR

2017 - 2019 MNSc Student Advisor

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#### **Presentations**

**Poster Presentation**, "Implementation of Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal (PANDAS) Screening Tool," Arkansas Nursing Research Conference, 04/12/2019.

**Workshop**, "Behavioral Health in the School Setting," School Nurse Leader Program, Arkansas Children's Hospital, Little Rock, AR, 06/21/2018.

**Podium Presentation**, "Sudden Onset Neuropsychiatric Symptoms in the Pediatric Population: PANDAS and PANS," American Psychiatric Nurses Association Arkansas Conference, 05/12/2018.

**Poster Presentation**, "Elder Abuse: Caregiver Neglect— A Synthesis of Literature," Arkansas Nursing Research Conference, 04/22/2016.