

Affiliation	Investigator Clinical Neuroscience Solutions, Inc. (CNS Healthcare of Memphis); 6401 Poplar Avenue, Suite #420, Memphis, TN 38119; 05/01 – Present
Education	University of Alabama, Birmingham, Alabama; Doctor of Medicine, 1985 – 1988 Meharry Medical College, Nashville, Tennessee; Doctor of Medicine, 1984 – 1985 Undergraduate: Tulane University, New Orleans, LA; Bachelor of Science, Biology and Visual Communication, 1980
Professional Training	Fellowship (Child Psychiatry), University of Tennessee, Memphis, Tennessee; 1991 – 1993 Residency, (Psychiatry) University of Tennessee, Memphis, Tennessee; 1989 – 1991 Internship (Psychiatry), University of Tennessee, Memphis, Tennessee; 1988 – 1989
License/ Accreditation	Medical Doctor: <ul style="list-style-type: none">• State of Tennessee #020108• State of Mississippi #16156• State of Alabama #22525 National Board of Medical Examiners (1980) Served as Co-Chief Fellow (1993) Board Certified in Psychiatry (1997)(2015) Board Certified in Child and Adolescent Psychiatry (2006)(2015)
Clinical Trial Experience	2001- Present Principal Investigator and Sub-Investigator on over 140 clinical trials in phase I – IV clinical research in children, adolescents and adults. Diagnoses include ADHD, alzheimer's disease, autism, binge eating, bipolar disorders, dementias, depressive disorders, diabetes, diabetic painful neuropathy, fibromyalgia, gambling, generalized anxiety disorder, hypertension, insomnia, mild cognitive impairment, migraine, obsessive-compulsive disorder, opioid induced constipation, osteoarthritis, panic disorder, post-traumatic stress disorder, schizoaffective disorder, schizophrenia, sleep disorders, smoking cessation, social phobia, stuttering. Industry contracts include: Abbott Laboratories, Accera, Addrenex, Alcobra, Alder, Alkermes, Allergan, Allon, Alza, Amgen, Arbor, Ardelyx, Arena, Assure Rx, AstraZeneca, Avanir, Axsome, Bioavail Laboratories, Biogen, Boehringer Ingelheim, Braintree, Bristol-Myers Squibb, Cephalon, CeNeRx, CoLucid, Cubist, Dart, Daiichi, Dr. Reddy's, Edgemont, Eisai, Elcelyx, Eli Lilly, Endo, Epix, Esperion, Euthymics

Bioscience, Forest, Genomind, GlaxoSmithKline, Indevus, Intarcia, Ironshore, Janssen, Jazz, Johnson & Johnson, Kowa, Labrys Biologic, Lundbeck, Mass General, McNeill, Medgenics, Merck, Methylation Sciences, Mylan GmbH, NLS Pharma, Nektar, Nestle Pamlab, Neuralstem, New River, Novartis, Novo Nordisk, ONO, Organon, Ortho McNeil, Otsuka, Palatin, PGxHealth, Pfizer, Purdue, Regeneron, Repligen, Rexahn, Rhodes, Roche, Sanofi-Aventis, Sepracor, Shire, Shionogi, SmithKline Beecham, Solvay, Somaxon, Sunovion, Supernus, Synergy, Synosia, Takeda, Targacept, TauRx, Teva, Theravance, Transtech, Wyeth and Vanda

Clinical Skills

CPR, ECG interpretation, phlebotomy, physical examinations and lab interpretations, ACLS Certified

**Ratings
Experience**

Diagnostic Evaluations and Rating Scales: Abnormal Involuntary Movement Scale (AIMS), Adult ADHD Investigator Symptom Rating Scale (AISRS), Alzheimer Disease Cooperative Study-Activities of Daily Living (ADCS-ADL), ADHD Rating Scale, Autism Diagnostic Interview – Revised (ADIR), Autism Diagnosis Observation Schedule (ADOS), Adult ADHD Investigator Symptom Rating Scale (AISRS), Autism Diagnostic Interview – Revised (ADIR), Autism Diagnosis Observation Schedule (ADOS), Connors-Wells Adolescent Self Report Scale (CASS), ADCS, Barnes, Brief Psychiatric Rating Scale (BPRS), Brown ADD Scale, Child Behavior Checklist (CBCL), Child and Adolescent Burden Assessment (CABA), Child and Adolescent Psychiatric Assessment (CAPA), Children's Depression Rating Scale (CAARS), Children's Yale-Brown Obsessive Compulsive Scale Pervasive Developmental Disorder (CY-BOCS-PDD), Clinical Global Impression - Severity Scale (CGI-S), Clinical Global Impression - Improvement Scale (CGI-I), Clinical Opiate Withdrawal Scale (COWS), Clinician-Administered PTSD Scale (CAPS), Columbia Suicide Rating Scale (C-SSRS), Conners' Adult ADHD Diagnostic Interview for DSM-IV (CAADID), Diagnostic Interview for Child and Adolescents (DICA), Hamilton Anxiety Scale (HADS), Hamilton Depression Scale (HAM-D), Schedule for Affective Disorders and Schizophrenia for School-Age Children-Present and Lifetime Version (K-SADS-PL), Kiddie –SADs (K-SADS), Laxative Inadequate Response (LIR), Laxative Unknown Response (LUR), Mini International Neuropsychiatric Interview (MINI), Mini International Neuropsychiatric Interview for Kids (MINI-Kid), Mini-Mental Status Exam (MMSE), Modified Himmelsbach, Montgomery-Asberg Depression Scale (MADRS), Neuropsychiatric Inventory (NPI), Quality of Life Assessment, Simpson-Angus Scale (SAS), Structured Clinical Interview for DSM-IV (SCID), Tenderpoint Assessment, Widespread Pain Index (WPI), Yale-Brown Obsessive Compulsive Scale (Y-BOCS), Yale-Brown Obsessive Compulsive Scale for Binge Eating (Y-BOCS-BE) and Young Mania Rating Scale (YMRS), Conners, Hamilton Anxiety Scale (HAS)

**Professional
Appointments**

Private Practice, Memphis, TN; 1993 – 2006

Medical Director, Youth Villages of Memphis; 1993 – 1999

Clinical Assistant Professor, University of Tennessee; 1995 – 2005

Consulting Psychiatrist, Youth Villages of Memphis; 1999 – 2002

Medical Director, Adolescent Sexual Offender Program, Parkwood Behavioral Health System; 2000 – Present

Assistant Professor, University of Tennessee, 2005 – 2012

Associate Professor, University of Tennessee, 2012 – present

Interim Chief of Child and Adolescent Psychiatry, University of Tennessee, 2007 – 2014

State Child Fatality Prevention Team, Tennessee Department of Health, 2011 – 2015

Supervisor, The American Medical Student Association, University of Tennessee Health Science Center, 2012 – present

Fellow of the American Psychiatric Association, 2014 – present

Chief of Child and Adolescent Psychiatry, University of Tennessee, 2015 – present

Psychiatry Residency Training Committee 2005-2007

Assistant Child and Adolescent Psychiatry Fellowship Director 2007-present

Tenure and Promotions Committee, University of Tennessee 2011

Department of Psychiatry – Rural Psychiatry Workgroup 2011

Department of Psychiatry – Telepsychiatry Workgroup 2011

UTHSC Medical School Curriculum Committee 2011-2012

UTHSC Student Research Committee Psychiatry Department Representative

Department of Psychiatry – Departmental Executive Training Committee 2014-

Department of Psychiatry – Volunteer Recognition Committee 2014 –

Medical Director of Psychiatric Services, LeBonheur Children's Hospital 2008-2012

LeBonheur Children's Hospital 2005-present

St. Jude Children's Research Hospital 2005-present

Shelby County Health Department Disaster Preparedness Volunteer 2005-present

Medical Director of Psychiatric Services-LeBonheur Children's Hospital 2008-present

Consulting Psychiatrist – Memphis City Schools Day Treatment Program, 2005-present

State Child Fatality Prevention Team, Tennessee Department of Health, 2011-present

Tennessee Department of Mental Health and Mental Retardation Attention Deficit Hyperactivity Guideline Workgroup 2012

Tennessee Health Care Innovation Initiative: Wave 4 Technical Advisory Group Technical Advisory Group (TAG) to advise on the design of Attention Deficit Hyperactivity Disorder (ADHD) and Opposition Defiance Disorder (ODD) 2015-2016

**Professional
Organizations**

Member, American Academy of Child and Adolescent Psychiatry:

- President of TnCAP (state branch), 2013 - 2015
- President West Tennessee Branch, 2011 – 2012
- Committee on Telepsychiatry, 2008 – 2010
- Work Group on Quality Issues, 1996 – 2003
- Committee on Residential Treatment, 1997 – 2000
- “Catchers in the Rye” Advocacy Award, (Work Group) 1998, 2003
- Tennessee Delegate to AACAP Assembly 2015-present

American Board of Psychiatry and Neurology

- MOC Clinical Advisory Committee; 2016-present

American Psychiatric Association

- Region V, Public Affairs Representative, 2009 - present
- Tennessee Deputy Representative 2011 – 2015
- Tennessee Representative, 2015 - present
- President, West Tennessee Branch, 2011 – 2012
- Committee on Maintenance of Certification, 2014 – present
- Reference Committee 2 Research APA Assembly, 2015

American Medical Association

- American Academy of Child and Adolescent Psychiatry representative to the American Medical Association; 1998 – 2000

Memphis and Shelby County Medical Society:

- Women in Medicine, Leader, 2011 – 2012
- Board of Directors, 1997 – 1999
- Nominating Committee, 1998, 2003, 2008 – 2011
- Ethics Committee, 2001 – 2002
- Officer – Secretary, 2003 – 2004
- President Elect, 2006
- President, 2007

- Ex Officio President, 2008
- Ex Officio Board of Trustees, 2008 - Present

Tennessee Medical Association:

- Shelby County Medical Society Alternate Delegate, 2001 – 2002
- Shelby County Medical Society Delegate, 2003 – Present
- Chairman of the Memphis Medical Society Delegation to the TMA, 2004
- Subchairman to Reference Committee C, TMA meeting, 2004
- Subchairman to Reference Committee B, TMA meeting 2005
- Board of Trustees, 2008 – 2011
- Board Liaison to TN Child and Adolescent Psychiatric Association, 2008 – 2009
- Board Liaison to TN Chapter American Society of Addiction Medicine, 2009 – 2010
- Finance Committee, 2008 – 2010
- Public Health Committee, 2010 – Present
- Women in Medicine Taskforce, 2009 – 2011
- e-Medical Work Group, 2009 – 2010
- Tennessee Medical Association Board Liaison to TN Child an Adolescent Psychiatric Association, 2008 – 2010
- Psychiatric Association, 2009 – 2010
- Tennessee Medical Association Board Liaison to TN Academy of Neurology, 2009 – 2010
- Tennessee Medical Association Board Liaison to TN Board Liaison to TN Psychiatric Association, 2008 – 2010

Tennessee Psychiatric Association, Board of Trustees, 2009 – present

- President, 2017-
- Secretary, 2010-2011

University of Tennessee Center for the Health Sciences

- Medical School Curriculum Committee
- Rural Health Committee-Dept of Psychiatry 2012
- Tenure and Promotions Committee
- Assistant Fellowship Training Director/Child Psychiatry-2010-present
- Judge-Medical Student Research Posters 2016
- Faculty Advisor – American Medical Association Student Section 2013-present
- Medical Student Research Mentor

150th Medical Reserve Corps – Public Health Emergency Preparedness Program, Shelby County Health Department 2010-present

University of Tennessee Department of Psychiatry:

- Assistant Fellowship Training Director, 2008 – present
- Integrating Primary Care and Psychiatry Committee. 2011
- Rural Psychiatry Committee, 2011

Volunteer State Health Plan Behavioral Health Advisory Committee, 2008 – present

West Tennessee Branch of American Academy of Child and Adolescent Psychiatry,
Board of Trustees, 2010 – present

West Tennessee Psychiatric Association, President, 2011 – 2012

Memphis Medical Foundation, Board, 2011 – present

Tennessee Department of Mental Health and Developmental Disabilities ADHD
Work Group, 2012

Tennessee Health Care Innovation Initiative: Wave 4 Technical Advisory Group
Technical Advisory Group (TAG) to advise on the design of Attention Deficit
Hyperactivity Disorder (ADHD) and Oppositional Defiance Disorder (ODD), 2015

Mid-South Adoption, Board Member, Secretary, 2015 – present

Tensley Harrison Honor Society (UAB Medical School Honor Society) 1986-88

Served as Co-Chief Fellows of the Child and Adolescent Psychiatry Fellowship,
UTHSC, 1993

Best Doctor, Commercial Appeal Newspaper Poll, 2012

Teaching Award-UTHSC Department of Psychiatry 2012

Publications

Garwood SG, Cox I, Kaplan V, Wassernan N, Sulzer J, “Beauty is Only Name Deep:
The Effect of First Name on Rating Physical Attraction” Journal of Applied Social
Psychology, Vol. 10:5, 431-435, 1980

Arnold VK, et al, “Fear of Anticipated Disaster in Psychiatric Patients” Journal of the
Tennessee Medical Association, Vol. 85:4, April 1992

Arnold VK, et al, “Fear of Anticipated Disaster in Psychiatric Patients” (Abstract)
Psychiatry Digest, March 1993

Arnold VK, et al, “Redundant Clothing: A Marker of Schizophrenia” (Abstract)
Southern Association for Research in Psychiatry Bulletin, Spring 1992

Arnold VK, et al, “Redundant Clothing: A Readily Observable Marker for
Schizophrenia in the Psychiatric Emergency Room Population” Journal of Behavioral
Therapy and Experimental Psychiatry, Vol. 24:1

“Summary of the Practice Parameters for the Assessment and Treatment of Children

and Adolescents with Anxiety Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 36:1639-1641, 1997 Supplement

“Summary of the Practice Parameters for Child Custody Evaluation” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 34:3, 1997 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children, Adolescents and Adults with Attention-Deficit/Hyperactivity Disorder” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 36:10, 1997 Supplement

“Practice Parameters for the Assessment and Treatment of Children and Adolescents With Conduct Disorder” Journal of the American Academy Child Adolescent Psychiatry, 36:10 Supplement, October 1997

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Substance Use Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 36:5, 1997 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Post Traumatic Stress Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 37:997-1001, 1998 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Depressive Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 37:1234-1238, 1998 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Language and Learning Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 37:10, 1998 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Obsessive-Compulsive Disorder” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 37:1110-1116, 1998 Supplement

“Practice Parameters for the Assessment and Treatment of Children and Adolescents With Obsessive-compulsive Disorder”, American Academy of Child and Adolescent Psychiatry, 1998

“Summary of the Practice Parameters for the Assessment and Treatment of Children, Adolescents, and Adults with Autism and Other Pervasive Developmental Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 38:1611-1615, 1999 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children, Adolescents, and Adults with Mental Retardation and Comorbid Mental Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 38:1606-1610, 1999 Supplement

“Practice Parameters For The Assessment And Treatment of Children, Adolescents, and Adults With Mental Retardation And Comorbid Mental Disorders” American Academy of Child and Adolescent Psychiatry, 1999.

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents who are Sexually Abusive of Others” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 39:127-130, 2000 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Schizophrenia” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 39:1580-1582, 2000 Supplement

“Practice Parameters for the Assessment and Treatment of Children and Adolescents with Schizophrenia” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 40:7, 2001 Supplement

“Practice Parameters for the Assessment and Treatment of Children and Adolescents with Suicidal Behavior” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 40:7, 2001 Supplement

“Practice Parameters for the Assessment and Treatment of ECT” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, In press

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Stimulant Medications” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 40:1352-1355, 2001 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Seclusion and Restraint” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 40:1356-1358, 2001 Supplement

“Practice Parameter for the Assessment and Treatment of Children and Adolescents With Schizophrenia” Journal of the American Academy Child Adolescent Psychiatry, 40:7 Supplement, July 2001

“Practice Parameter for the Use of Stimulant Medication in the Treatment of Children, Adolescent, and Adults” Journal of the American Academy Child Adolescent Psychiatry, 41.2 Supplement, February 2002

“Practice Parameter for the Prevention and Management of Aggressive Behavior in Child and Adolescent Psychiatric Institutions, With Special Reference to Psychiatric Institutions, With Special Reference to Seclusion and Restraint” Journal of the American Academy Child Adolescent Psychiatry, 41.2 Supplement, February 2002

“Practice Parameter for the Assessment and Treatment of Children and Adolescents With Enuresis” Journal of the American Academy Child Adolescent Psychiatry, 43.:12, December 2004

“Practice Parameter for Use of Electroconvulsive Therapy With Adolescents” Journal of the American Academy Child Adolescent Psychiatry, 43:12, December 2004

“Practice Parameter of the Assessment and Treatment of Children and Adolescents With Substance Abuse” Journal of the American Academy Child Adolescent Psychiatry, 44:6, June 2005

“Practice Parameter for the Assessment and Treatment of Youth in Juvenile Detention and Correctional Facilities” Journal of the American Academy Child Adolescent Psychiatry, 44:10, October 2005

“Practice Parameters for the Assessment and Treatment of Children and Adolescents With Reactive Attachment Disorder of Infancy and Early Childhood” Journal of the American Academy Child Adolescent Psychiatry, 44:11, November 2005

“Community Residential Care Programs” Community Child and Adolescent Psychiatry: A Manual of Clinical Practice and Consultation, Petti TA, 2006 16:219-230

“Practice Parameter for the Assessment and Treatment of Children and Adolescents With Oppositional Defiant Disorder” Journal of the American Academy Child Adolescent Psychiatry, 46:6, January 2007

“Practice Parameter on Child and Adolescent Mental Health Care in Community Systems of Care” Journal of the American Academy Child Adolescent Psychiatry, 46:2, February 2007

“City of Memphis has Liability Cap – Why Shouldn’t Tennessee Physicians? The Memphis Medical Society Quarterly, Vol. 10:3, 2007

Frank A. Lopez, MD; Lawrence D. Ginsberg, MD; and Valerie Arnold, MD, “Effect of Lisdexamfetamine Dimesylate on Parent-Rated Measures in Children Aged 6 to 12 Years with Attention-Deficit/Hyperactivity Disorder: A Secondary Analysis” Postgraduate Medicine, Vol.120:3, 2008

“Practice Parameter on the Use of Psychotropic Medication in Children and Adolescents” Journal of the American Academy Child Adolescent Psychiatry, 48:9, September 2009

Keva Gwin, PharmD; Lawrence Ginsberg, MD; Valerie Arnold, MD; Joseph Gao, PhD; Cynthis Richards, MD; Robert Findling, MD; Mary Bordic, RN “Parental Evaluation of Lisdexamfetamine Dimesylate in the Treatment of Children with Attention-Deficit/Hyperactivity Disorder” 21st Annual International Conference on AD/HD; October 7-10, 2009; Cleveland, OH.

Ann C. Childress, MD; Valerie Arnold, MD; Ben Adeyi, MS; Bryan Dirks, MD; Thomas Babcock, DO; Brian Scheckner, PharmD; Robert Lasser, MD; Frank A. Lopez, MD, “The Effects of Lisdexamfetamine Dimesylate on Emotional Lability in Children Aged 6 to 12 Years with Attention-Deficit/Hyperactivity Disorder in a Double-Blind, Placebo-Controlled Trial” Eunethydis LDX 301 Emotion Item Program Abstract, Eunethydis ADHD Conference, May 2010

Ann C. Childress, MD; Valerie Arnold, MD; Ben Adeyi, MS; Bryan Dirks, MD; Thomas Babcock, DO; Brian Scheckner, PharmD; Robert Lasser, MD; Frank A. Lopez, MD, “The Effects of Lisdexamfetamine Dimesylate on Emotional Lability in Children Aged 6 to 12 Years with Attention-Deficit/Hyperactivity Disorder in a Double-Blind, Placebo-Controlled Trial” Eunethydis LDX 301 Emotion Item Program Abstract, Eunethydis ADHD Conference, Journal of Attention Disorders

Valerie Arnold, MD; David Feifel; Craig Earl; Ronghua Yang; Lenard Adler, "A 9-Week, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Dose-Finding Study to Evaluate the Efficacy and Safety of Modafinil as Treatment for Adults With Attention-Deficit/Hyperactivity Disorder" *Journal of Attention Disorders*, published online May 22, 2012

Frank A. Lopez, MD; Ann Childress, MD; Ben Adeyi, MS; Bryan Dirks, MD; Thomas Babcock, DO; Brian Scheckner, PharmD; Robert Lasser, MD; John Shepski, PharmD3; Valerie Arnold, MD, "Attention-Deficit/Hyperactivity Disorder Symptom Rebound and Emotional Lability with Lisdexamphetamine Dimesylate in Children Aged 6 to 12 Years" *Journal of Attention Disorders*, Vol 18, Number 2, published February 2014

Valerie Arnold, MD, "A 9-Week, Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Dose-Finding Study to Evaluate the Efficacy and Safety of Modafinil as Treatment for Adults with ADHD" *Journal of Attention Disorders*, January 8, 2014

Greg Mattingly; Valerie Arnold, MD; Tom Babcock, "Aiming for Remission in Adults with Attention-Deficit/Hyperactivity Disorder: The Primary Care Goal" *Post Graduate Medicine*, April 2015 and Taylor and Francis Online
<http://www.tandfonline.com/doi/full/10.1080/00325481.2015.1012481>

Presentations

"Fear of Anticipate Disaster in Psychiatric Patient", Annual Meeting of the Southern Association for Research in Psychiatry. Tampa, FL, 1991

"Difference in Self-Reported Fear in PTSD v Panic Patients", Annual Meeting of Southern Association of Research in Psychiatry. Tampa, FL, April 1991

"Reasons Given for Attrition in Inpatient Alcohol and Drug Treatment Program", Poster Session, Annual Scientific Assembly of the Southern Medical Association. Atlanta, GA, November 1991

"Separation Anxiety (Diagnosis and Practice Management)", Teaching Conference, LeBonheur Children's Medical Center, Memphis, TN, April 1992

"Child Asthma and its Relationship to Negative Self-Esteem, Depression and Suicidal Ideation", Annual Meeting of the Southern Association for Research in Psychiatry. Memphis, TN, March 1993

"Protocols for the Use of Psychotropic Medication in Children and Adolescents", Poster Session, Annual Meeting of the Southern Association for Research in Psychiatry. Memphis, TN, March 1993

"The Magic Pill – Why it Doesn't Exist!" National Conference of the American Re-Education Association. Nashville, TN, August 1994

“Child and Adolescent Depression”, Public Forum, National Depression Screening Day. Memphis, TN, October 1995

“Survey of Rural Communities Expressed Needs for Emotionally Disturbed Youth”, Poster Session, Annual Meeting of the American Academy of Child and Adolescent Psychiatry. New Orleans, LA, October 1995

“Child and Adolescent Depression”, Public Forum, National Depression Screening Day. Memphis, TN, October 1996

“Transforming Service Delivery and Public Policy Through Research and Innovation”, Workshop, Annual Meeting of the American Academy of Child and Adolescent Psychiatry. Toronto, Canada, October 1997

Presentation of the New Clinical Application of Practice Parameters: Psychiatric Care of Persons with Mental Retardation.” Annual Meeting of the American Academy of Child and Adolescent Psychiatry and Annual Meeting of the Canadian Academy of Child Psychiatry, Chicago, 1999

“Twelve-Month Outcome of Adolescent Bipolar Patients Following Hospitalization for Mania,” Poster Presentation”, Annual Meeting of the American Academy of Child and Adolescent Psychiatry and Annual Meeting of the Canadian Academy of Child Psychiatry, Miami, 2003

Arnold V, West SA, Strakowski SM, Keck PE, McElroy SL, McConville BJ: Twelve-Month Outcome of Adolescent Bipolar Patients following Hospitalization for Mania. AACAP, Miami, FL, October 2003.

Pathological Gambling, Fox 13 News, October 2003

“Oppositional Defiant Disorder”, Good Morning Memphis-Medical Spotlight (Channel 3) September 2004

Arnold VK, Earl CQ, Jiang JG: Modafinil Film-Coated Tablets (Modafinil-ADHD) Improve Health-Related Quality of Life in Children and Adolescents with Attention-Deficit/Hyperactivity Disorder. Annual Meeting of CHADD, Dallas, October 2005

“Attention Deficient/Hyperactivity Disorder” Good Morning Memphis-Medical Spotlight (Channel 3), May 2005

“Insomnia” Fox 13 News, July 11, 2005

“Release of Anti-Depressant Patch” Fox 13 News, February 27, 2006

“Diagnostic Uses for Pet-Assisted Therapy” Leboneur/University of Tennessee Pediatric Grand Rounds, Memphis Tennessee, March 22, 2006

“Methylphenidate Patch and Medications for ADHD in the Pipeline” CHADD Parent Support Group of Shelby County, May 14, 2006

“Medical Myths – Soap and Restless Leg”, Fox 13 News, Memphis 2006

“Medical Myths – Gum Digestion”, Fox 13 News, Memphis 2006

“Overview of Emotional and Behavioral Disturbance”, Memphis City Schools, Special Education & Day Treatment Staff Development, July 31-August 4, 2006

ADHD Experts on Call – New York, NY, September 19, 2007, Valerie Arnold

“When An Honor Is Not An Honor”, Guest Columnist, Memphis Lawyer, Vol23:6, Nov/Dec 2007

“President’s Message” The Memphis Medical Society Quarterly, Vol 10:1, Spring 2007

“Fantasy Important in Child’s Transition”, Valerie Arnold MD; 9/27, 2007 Interview in the Commercial Appeal

“Childhood PTSD and How It Differs From Adult PTSD”, Fox 13 News, July 24, 2008

National Bipolar Foundation – “Developed Use of Psychotropic by Emergency Personal Algorithm” for the National Bipolar Foundation June/2009

“What Is Research”, Memphis Chapter of the National Alliance for the Mentally Ill, Memphis, TN, Jan 22, 2013

“Think Show”, Juror, Memphis City Schools, March 7, 2013

“Research” Third Annual Parent Summit, Memphis City Schools Exceptional Children Advisory Counsel, April 13, 2013

“Let’s Talk About It”, Family Friday, WLOK Talk AM Radio, Feb 3, 2014

“Juvenile Justice Cross-Systems Mapping Workshop”, National Center for Mental Health and Juvenile Justice, Memphis, TN, Feb 22, 2017

“Early Career women Faculty Professional Development Seminar”, AAMC Harvard Medical School, Washington, DC, July 7-11, 2007

Future Leaders in Psychiatry, Emory University, Orlando, FL, May 22-25, 2007

AMA’s 2007 National Advocacy Conference and Related Events, Feb 11-14, 2007

Wigal SB, Kratochvil CJ, Pliszka SR, Arnold VK, Knutson JA, Boellner SW, Earl CQ, Yand r, Jiang JG:Modafinil-ADHD in Children and Adolescents With Attention-Deficit Hyperactivity Disorder: Efficacy and Tolerability Is Maintained With Long-term Treatment. 46th Annual New Clinical Drug Evaluation Unit Meeting, Boca Raton, June 2006

“Effect of Lisdexamfetamine Dimesylate on Parent-Rated Measures of Hyperactivity

in Children Aged 6 to 12 Years with Attention-Deficit/Hyperactivity Disorder: A Secondary Analysis”, Poster Presentation, Annual Meeting of the U.S. Psychiatric and Mental Health Congress, Orlando, October 2007

“Fixed-Dose Titration Study of Dexamethylphenidate Extended Release in Children with ADHD: Effects on Teacher-Rated Scales”, Poster Presentation, Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Boston, October 2007

“Effect of Lisdexamfetamine Dimesylate on Parent-Rated Measures of Hyperactivity in Children Aged 6-12 Years with ADHD: A Secondary Analysis”, Poster, U.S. Psychiatric & Mental Health Congress Poster Presentations, 2007

“Supporting People With Diverse Needs Toward Interdependence”, Tennessee’s University For Excellence In Developmental Disabilities, March 2008.

“Efficacy and Safety of Lisdexamfetamine Dimesylate in the Treatment of Non-Caucasian Children and Adults With Attention-Deficit/Hyperactivity Disorder”, Poster Presentation, Annual Meeting of the U.S. Psychiatric and Mental Health Congress, Washington D.C., May 2008

Course Director, ADHD, 40th Review Course for the Family Physician and the First Joint Family Medicine/Psychiatry CME Conference, University of Tennessee, Office of Continuing Medical Education, Memphis, TN, June 2008

Presenter, “ADHD”, 40th Review Course for the Family Physician and the First Joint Family Medicine/Psychiatry CME Conference, University of Tennessee, Office of Continuing Medical Education, Memphis, TN, June 2008

“Pediatric Research Day”, Pediatric Research Highlights at Le Bonheur Children’s, Poster Presentation, Memphis, TN, October 2008

“The Effects of Lisdexamfetamine Dimesylate on Emotional Lability in Children 6 to 12 Years of Age With ADHD in a Double-Blind, Placebo-Controlled Trial”, 56th Annual Meeting of the Academy of Child and Adolescent Psychiatry, Poster, 2009

“Adult ADHD”, 41st Review Course for the Family Physician and the First Joint Family Medicine/Psychiatry CME Conference, Memphis, TN June 2009

“Parental Evaluation of Lisdexamfetamine Dimesylate in the treatment of Children with Attention-Deficit/Hyperactivity Disorder” LGinsberg, VArnold et al. Poster 162nd Annual Meeting of the American Psychiatric Association May 16-21 2009 San Francisco CA

Signatory Coordinating Investigator, Abbott Laboratories, Compound ABT-XXX; Pediatric ADHD trials XXX and XXX, November, 2009

“Crisis Prevention Intervention”, Pediatric Grand Rounds, Lebonheur’s Children Medical Center, Memphis TN, March 3, 2010

“Assessing Risk of Serious Acting Out Behavior”, 42nd Review Course for the Family Physician and the 3rd Joint Family Medicine/Psychiatry CME Conference jointly sponsored by The University of Tennessee Departments of Family Medicine and Psychiatry & Methodist Le Bonheur Healthcare, Memphis, TN, March 26-28, 2010

“The Effects of Lisdexamfetamine Dimesylate on Emotional Lability in Children 6 to 12 Years of Age With Attention-Deficit/Hyperactivity Disorder in a Double-blind, Placebo-Controlled Trial”, Poster, Eunethydis ADHD Conference, May 2010

“Placebo Effect on Mental Health”, Association of Clinical Research Professionals, Memphis TN, August 19, 2010

“Effects of Lisdexamfetamine Dimesylate Maintained Across the Day in Children Aged 6 to 12 Years With Attention-Deficit/Hyperactivity Disorder – Symptom Control and Rebound”, Poster, 57th Annual Meeting of the American Academy of Child Psychiatry, October 2010

“Effects of Lisdexamfetamine Dimesylate Throughout the Day in Children Aged 6 to 12 Years With Attention-Deficit/Hyperactivity Disorder – Symptom Control and Rebound”, Poster, The American Professional Society of ADHD and Related Disorders, November 2010

Valerie Arnold, MD; Ann C. Childress, MD; Ben Adeyi, MS; Bryan Dirks, MD; Thomas Babcock, DO; Brian Scheckner, PharmD; Robert Lasser, MD; Frank A. Lopez, MD, “The Effects of Lisdexamfetamine Dimesylate on Emotional Lability in Children with Attention-Deficit/Hyperactivity Disorder in a Double-Blind, Placebo-Controlled Trial” Pediatric Research Day, Le Bonheur Children’s Hospital, Memphis TN, November 17, 2010

“The Placebo Effect in Clinical Research” Clinical Research Forum, St Jude Children’s Research Hospital, Memphis TN, January 28, 2011

“The Autism Spectrum-Epidemiology, Diagnosis and Treatment”, 43rd Review Course for the Family Physician and the 4th Joint Family Medicine/Psychiatry CME Conference jointly sponsored by The University of Tennessee Departments of Family Medicine and Psychiatry & Methodist Le Bonheur Healthcare, Memphis, TN, March 25-27, 2011

“Sex, Drugs and Rock’n Roll – Substance Use in Adolescents”, 10th Annual Update in Acute and Emergency Care, Le Bonheur Children’s Hospital, Memphis TN, October 21, 2011

Valerie Arnold, MD, Bob Hoover, MD, and Michol Polson, PhD, “Integrated care of ADHD: Medical Approaches and Behavioral Management”, 44th Annual Family Medicine Review Course and the 5th Family Medicine/Psychiatry CME Conference jointly sponsored by The University of Tennessee Departments of Family Medicine and Psychiatry, March 23, 2012

Valerie Arnold, MD, “Sex Drug and Rock and Roll Adolescent Substance Abuse”, 44th Annual Family Medicine Review Course and the 5th Family Medicine/Psychiatry

CME Conference jointly sponsored by The University of Tennessee Departments of Family Medicine and Psychiatry, March 24, 2012

Iverson Bell, MD, Jim Greene, MD, Valerie Arnold, MD and Sudhakar Madakasira, MD, "Intensive Outpatient Psychiatry Indications, Utilization and Business Management Approaches for Children, Adolescents, Adults and Geriatric Patients", 44th Annual Family Medicine Review Course and the 5th Family Medicine/Psychiatry CME Conference jointly sponsored by The University of Tennessee Departments of Family Medicine and Psychiatry, March 24, 2012

Valerie Arnold, MD, "ADHD: The Basics", The Exceptional Children and Health Services Advisory Council, Second Annual Exceptional Children Parent Summit, May 19, 2012

Jennifer Ganem, MS, APRN, Gail Ziv, NP, Thomas Babcock, Do, Ann Childress, MD, Valerie Arnold, MD, "Principles of Deficit/Hyperactivity Disorder Management and Review of Clinical Trial Data on the Efficacy and Safety of Lisdexamfetamine Dimesylate, a Long-acting Prodrug Psychostimulant", American Academy of Nurse Practitioners (AANP) 27th National Conference, Orlando, Florida, June 20-24, 2012

Attention Deficient Hyperactivity Disorders in Children and Adolescents, ArnoldV, Tennessee Department of Mental Health and Developmental Disability Best Practices Guidelines, July 2012

Valerie Arnold, MD; "Anew Tool to Facilitate Communication between Psychiatrists and Family Physicians" Family Medicine/Psychiatry CME Conference jointly sponsored by The University of Tennessee Departments of Family Medicine and Psychiatry, April 14, 2013

Valerie Arnold, MD "An Overview of IDEA (Individuals with Disability Educational Act)" Grand Rounds, Feb 5, 2014

Valerie Arnold, MD, "Identifying Psychiatric Diagnoses Most Common to Child Psychiatry, Shelby County Schools Professional Development Conference, Arlington, TN. Aug 2, 2016 Guest Speaker

Valerie Arnold, MD, Steven Pliska MD, Andrea Marraffino, Phd, Norberto DeSousa, MD, Bev Indledon PhE, Randy Sallee MD, PhD, Timothy Wilens MD, Jeffrey

Newcorn MD, "Efficacy and Safety of HLD200-108 in Children with Attention-Deficit/Hyperactivity Disorder: Results from a Pivotal Phase 3 Trial" Poster, 63th Annual Meeting of the American Academy of Child Psychiatry, October 27, 2016 Poster

Valerie Arnold, MD, Steven Pliska MD, Andrea Marraffino, Phd, Norberto DeSousa MD, Bev Indledon PhE, Randy Sallee MD, PhD, Timothy Wilens MD, Jeffrey Newcorn MD, Pivotal Phase 3 Trial Evaluation the Efficacy and Safety of HLD200, a Novel Delayed-Release and Extended-Release Formulation of Methylphenidate, in Children with Attention-Deficit/Hyperactivity Disorder", NEI Psychopharmacology Congress, November 4, 2016

Steven Pliska MD, Andrea Marraffino, PhD, Norberto DeSousa, MD, Bev Incledon PhD, Randy Sallee MD, PhD, Timothy Wilens MD, Jeffrey Newcorn MD, Valerie Arnold, "Efficacy and Safety of HLD200 in Children with Attention-Deficit/Hyperactivity Disorder The American Professional Society of ADHD and Related Disorders (APSARD) January 2017

Valerie Arnold, MD "Adolescent Psychiatry-A Development Approach" Etteldorf Symposium, LeBonheur Children's Hospital, May 9-10, 2014

Valerie Arnold, MD "Americans with Disabilities Act", 2014 Midsouth Autism Conference, Memphis, TN, May 19-21

ADHD-A Review, Family Medicine/Psychiatry CME Conference jointly sponsored by The University of Tennessee Departments of Family Medicine and Psychiatry, April 2015

ADHD within the School Setting, Shelby County Schools Mental Health Training Conference, Arlington, TN, May 17, 2015
"Spread Too Thin", Good Health Memphis – The Kids Issue, August 2015,
Interviewed for article by Erinn Figg

"Sensory Processing Disorder", The Marybeth Conley Show, WREG-TV, January 15, 2016

RFM Poster Award Committee – Area V 2014-current

Reviews/Editor

Journal of Attention Disorders, Sam Goldstein, Editor, The Positive Impact of Methylphenidate in a Sample of Patients with Irritable Bowel Syndrome, Reviewed December 4, 2011

Journal of Attention Disorders, Sam Goldstein, Editor, Specific Difficulties in Writing Processes in Children with ADHD and Their Relations with Sustained Attention, Reviewed February 2012

Journal of Attention Disorders, Sam Goldstein, Editor, Traditional Oriental Herbal Medicine on ADHD in Children and Adolescents – A Systematic Review and Meta-analysis, Reviewed June 2012

Journal of Psychiatric Research, Monte Buchsbaum, MD, Editor, Inside the Mind of Poor Tom – A Multidimensional Approach to Determine Causes for Redundant Clothing in Patients with Schizophrenia Psychiatry Research, Reviewed November 2014

Postgraduate Medicine, Zah DeBoer, Editor, Time-To-Onset and –Resolution of

Adverse Events Before/After Atomoxetine Discontinuation in Adult Patients with ADHD, Reviewed June 2015

Journal of Attention Disorders, Sam Goldstein, Editor, Behavioral Response Patterns to Emotional Faces Among Adolescents Diagnosed with Attention-Deficit/Hyperactivity Disorder (ADHD), Reviewed June 2015